see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-843-1329 to request a copy.

Coverage Period: 01/01/2023-12/31/2023
Coverage for: Individual/Family | Plan Type: POS

The SBC shows you how you and the plan would share the cost for covered health care services. This is only a summary. For more information

about your coverage, or to get a copy of the complete terms of coverage, contact the claims administrator at 1-800-843-1329 or visit <a href="www.asp.arkansas.gov">www.asp.arkansas.gov</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms,

**Important Questions Why This Matters: Answers** Generally, you must pay all of the costs from providers up to the deductible In-Network providers: amount before this plan begins to pay. If you have other family members on \$1,000 Individual / \$2,000 Family. What is the overall the plan, each family member must meet their own individual deductible Out-of-network providers: deductible? until the total amount of deductible expenses paid by all family members \$2,000 Individual / \$4,000 Family. meets the overall family deductible. Yes. In-Network Standard Preventive care, In-This plan covers some items and services even if you haven't yet met the Network PCP Office and Outpatient services, In-Are there services covered deductible amount. But a copayment or coinsurance may apply. For Network Urgent Care Services, ambulance before you meet your example, this plan covers certain preventive services without cost sharing services, emergency room surgery and related and before you meet your deductible. See a list of covered preventive deductible? services, and multiple births when certain conditions services at https://www.healthcare.gov/coverage/preventive-care-benefits/. apply. Are there other deductibles You don't have to meet deductibles or specific services. No. for specific services? **Medical Benefits** In-Network providers: The out-of-pocket limit is the most you could pay in a year for covered What is the out-of-pocket \$4.000 Individual / \$8.000 Family. services. If you have other family members in this plan, they have to meet limit for this plan? Out-of-network providers: unlimited their own out-of-pocket limits until the overall family out-of-pocket limit has **Pharmacy Benefits** been met. \$2.850 Individual / \$5,700 Family. What is not included in the Premiums, balance-billing charges, prior approval Even though you pay these expenses, they don't count toward the out-ofpenalties, and health care this plan doesn't cover. out-of-pocket limit? pocket limit. This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network Will you pay less if you use a Yes. See www.asp.arkansas.gov or call 1-800-843provider, and you might receive a bill from a provider for the difference 1329 for a list of network providers. network provider? between the provider's charge and what your plan pays (balance billing). Check with your provider before you get services. Do you need a referral to see No. You can see the specialist you choose without a referral. a specialist?

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit. <u>Deductible</u> does not apply.	40% coinsurance	When ordered by an in-network primary care physician, diagnostic tests, x-rays, and high tech radiology ordered and rendered at a hospital, outside lab, or radiology facility billed within three days of an office visit will be covered at no charge.	
If you visit a health	Specialist visit	20% coinsurance	40% coinsurance	Chiropractic services are limited to 30 visits per member per calendar year.	
care <u>provider's</u> office or clinic:	Preventive care/screening/ immunization	No charge	Not covered	At all times this <u>plan</u> will comply with the Patient Protection and Affordable Care Act. The list of services included as <u>standard</u> <u>preventive</u> care may change from time to time depending upon government guidelines. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)  PCP: No charge Specialist: 20% coinsurance  40% coinsurance	When ordered by an in-network primary care physician, diagnostic tests, x-rays, and high tech radiology ordered and rendered at a hospital, outside lab, or radiology facility billed within three days of an office visit will be covered at no charge.			
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Prior approval is required.	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.asp.arkansas.gov">www.asp.arkansas.gov</a>.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need drugs to	Generic drugs	Retail: \$15 <u>copay</u> Mail Order: \$45 <u>copay</u>	Not covered		
treat your illness or condition:	Preferred brand drugs	Retail: \$40 <u>copay</u> Mail Order: \$120 <u>copay</u>	Not covered	All new prescriptions are limited to a 34-day supply. Subsequent refills of Maintenance drugs are available for up to a 90-day supply at certain contracted pharmacies and through	
More information about prescription drug	Non-preferred brand drugs	Retail: \$65 <u>copay</u> Mail Order: \$195 <u>copay</u>	Not covered		
<u>coverage</u> is available at <u>www.medimpact.com</u> .	Specialty drugs	Generic: \$15 <u>copay</u> Preferred brand: \$40 <u>copay</u> Non-preferred: \$65 <u>copay</u>	Not covered	mail order.	
If you have outpatient surgery:	Facility fee (e.g., ambulatory surgery center)	No charge	40% coinsurance	Prior approval for certain services is required.	
Surgery.	Physician/surgeon fees	No charge	40% <u>coinsurance</u>	none-	
	Emergency room care	20% coinsurance	20% coinsurance	Surgery and related services administered in the ER are no charge.	
If you need immediate medical attention:	Emergency medical transportation	20% <u>coinsurance</u> <u>Deductible</u> does not apply.	20% <u>coinsurance</u> <u>Deductible</u> does not apply.	none	
	Urgent care	\$30 copay Deductible does not apply.	40% coinsurance	none	
If you have a hospital stay:	Facility fee (e.g., hospital room)	20% coinsurance	\$200 <u>copay</u> plus 40% <u>coinsurance</u>	The covered person is responsible for obtaining prior approval for all <u>out-of-network</u> <u>provider</u> inpatient admissions. Failure to obtain prior approval may result in a reduction in benefits.	
	Physician/surgeon fees	20% coinsurance	40% coinsurance	none-	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.asp.arkansas.gov">www.asp.arkansas.gov</a>.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need		Out-of-Network Provider (You will pay the most)	Information	
	Outpatient services	20% coinsurance	40% coinsurance	none	
If you need mental health, behavioral health, or substance abuse services	Inpatient services	20% coinsurance	\$200 <u>copay</u> plus 40% <u>coinsurance</u>	The covered person is responsible for obtaining prior approval for an out-of-network provider inpatient admissions. Failure to obtain prior approval may result in a reduction in benefits. Transplant services also require prior approval.	
	Office visits	20% coinsurance	40% coinsurance	Dependent pregnancy is not covered. However, any pre-natal, post-natal or maternity care that is required as Standard Preventive Care will be covered as shown under Preventive Care Benefits.  Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance		
	Childbirth/delivery facility services	20% coinsurance	\$200 copay plus 40% coinsurance		

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.asp.arkansas.gov">www.asp.arkansas.gov</a>.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event Services You May Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Home health care	20% coinsurance	40% coinsurance	Prior approval required.	
	Rehabilitation services	20% coinsurance	40% coinsurance	Prior approval required for initial Physical, Occupational, and Speech Therapy visit. After 15 visits, medical record review required for subsequent visits.	
If you need help recovering or have	Habilitation services	Not covered	Not covered	Habilitation services are not covered.	
other special health needs	Skilled nursing care	20% coinsurance	40% coinsurance	Prior approval required	
	Durable medical equipment	20% coinsurance	40% coinsurance	Prior approval required.	
	Hospice services	20% coinsurance	40% coinsurance	Hospice care is limited to a maximum of \$5,000 per lifetime.	
If your child needs dental or eye care	Children's eye exam	20% coinsurance	40% coinsurance	Additional services may be available under a separate vision benefit plan.	
	Children's glasses	Not covered	Not covered	Additional services may be available under a separate vision benefit plan.	
	Children's dental check-up Not covered Not covered	Not covered	Additional services may be available under a separate dental benefit <u>plan</u> .		

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.asp.arkansas.gov">www.asp.arkansas.gov</a>.

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery

- Dental care
- Habilitation services
- Infertility treatment

- Long-term care
- Private-duty nursing
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Cosmetic surgery (when eligible services are considered reconstructive).
- Hearing aids (limited to \$1,400 per ear every three years).
- Non-emergency care when traveling outside the U.S.
- Routine eye care
- Routine foot care (when required for prevention of complications associated with diabetes mellitus).

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Arkansas State Police 1 State Police Plaza, Little Rock Arkansas 72209 or by telephone at 1-501-618-8720.

## Does this <u>plan</u> provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet Minimum Essential Coverage? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-843-1329.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-843-1329.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-843-1329.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-843-1329.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.asp.arkansas.gov.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible \$1,000

■ Specialist 20% coinsurance

■ Hospital (facility) 20% coinsurance

■ Other 20% coinsurance

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

#### In this example, Peg would pay:

Cost Sharing				
Deductibles	\$1,000			
Copayments	\$10			
Coinsurance	\$2,300			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$3,370			

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible

\$1,000

■ Specialist

20% coinsurance

■ Hospital (facility)

20% coinsurance

Other

20% coinsurance

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# Total Example Cost \$5,600

# In this example, Joe would pay:

m and example, eve means pay.	
Cost Sharing	
Deductibles	\$1,000
Copayments	\$900
Coinsurance	\$40
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,960

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible

\$1,000

**■** Specialist

20% coinsurance

■ Hospital (facility)

20% coinsurance 20% coinsurance

■ Other

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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#### In this example, Mia would pay:

Cost Sharing			
Deductibles	\$1,000		
Copayments	\$10		
Coinsurance	\$400		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,410		