



Pre-Academy Preparation Program INSTRUCTIONS

Recommended Pre-Academy Preparation Program, four weeks in duration.

To Include:

1. Physical Training Daily.

This training is based on a regiment prepared by an AETA Instructor.

The intent is to acclimate the recruit to the physical fitness program.

- a. The form shall be signed off by the FTO/Supervisor ensuring the recruit has performed daily P/T as outlined by AETA.
- b. The fourth week, the hiring agency will conduct an evaluation of the recruit using the physical assessment model as approved by CLEST.
- c. Included is the physical fitness form and scoring sheet. Once completed and signed by the FTO/Supervisor they shall be uploaded to ACADIS.

2. Firearms orientation/training by hiring agency.

- a. The firearms training form shall be signed by a Certified Firearms Instructor, ensuring the recruit has demonstrated proficiency with firearms. This form shall be uploaded to ACADIS.
- b. At a date and time designated by the hiring agency during the four-week Pre-Academy Preparation Program, the recruit will qualify with his/her duty weapon. This qualification will be verified by the signature of the certified firearms instructor witnessing the assessment.

3. Completion of Department policy and procedures manual.

To include uniform and weapon maintenance.

Physical fitness and firearms qualification forms are included and shall be uploaded to ACADIS once signed by the FTO/Supervisor as part of the Pre-Academy preparation Program.